

*3sXeXa?L "It's All Written Down"*

Skokomish Indian Nation

**THE**

**SOUNDER**

February 2025

p3dQWa'yat  
"Time of QWa'yat Power"

## *SKABOB HOUSE NEARS COMPLETION*

Have you noticed the construction along Skabob Creek and the south side of State Route 106? This structure is being built by Delbert Miller and he calls it Skabob House. It's the beginning of the realization of ideas that he has developed over the years, especially while he worked as a chemical dependency counselor. While working with those who are wrestling with an addiction, they need help to inspire them to overcome the grips of their dependency. Focusing on who you are, where you come from in our native communities. This has been a way for many to develop a sense of pride and a strong desire to be free from their addiction. Thus, learning how to weave cedar, or fibers, wood carving, painting, and using mixed media has resonated and helped some to find themselves. This connection with your past, your inner self, your relations can provide an anchor upon which to become "clean."

Delbert has seen this metamorphosis with many whom he has counselled. Learning how to gather, process, and weave cedar into roses, headbands, hats, baskets and other finished items proved to be a healing experience and practice. Our ancestors have done these tasks for thousands of years, even articles of clothing were once made from cedar due to its water repellent qualities. As a medium, cedar weavers today have used their creative inspirations to create all manner of styled hats, mortar boards for graduates, salt and pepper shaker covers, and so many other unique and useful items. Some have turned their energies into businesses that create and sell these craft items at powwows and even on-line outlets. Wood carvers, painters, mixed media artists have been doing the same. Tribal casinos have become markets for tribal artists to compete for large format canvases to display these arts in a very lucrative fashion to adorn their businesses. We have



tribal members who have competed for and been awarded contracts to create installations for public art in cities all over the world. Some of our tribal artists have been awarded contracts to plan, develop and create large public spaces with their art being the centerpieces and design motifs. Works done in wood, stone, concrete, metal and other mediums have been used by these artists and been imbued with tribally inspired accents. While all of these opportunities have inspired tribal artists to hone their skills further to address the requirements of creativity and specificities. This has also encouraged more artists to enter the field and many have brought newer mediums, such as glass arts. Etched glass installations utilizing tribally inspired designs, stained glass creations for adornment as well as functional pieces for walls and storytelling, for example. Fused glass art for statues, decoration, lighting variations of all sizes. Graphic arts have also exploded from posters, pictures, indoor and outdoor wall motifs and so many other iterations. The large casino tribes have developed more artists within their members, some who specialize in gathering and selling supplies, like cedar and fibers for weaving. But many have chosen

to branch out into writing treatments and scripts to develop into films and commercials to promote tribal businesses, services and language development for curriculum and teaching materials for all levels from pre-school, K-12, college and general knowledge applications. Then there is music which is used within the afore mentioned media requirements. All of this is to say that what Delbert envisions for Skabob House is a vehicle to introduce anyone who is interested in our history, stories of our ancestors, art forms that originated

with our people. Then, teach the basics of carving, weaving, painting, designing and interpreting the basics of our art. Hopefully this will inspire some to pursue specific art forms as a way for them to learn about and express themselves. At the same time germinating a sense of self worth and awareness of who they are and thus a path to sobriety. Delbert hopes that this will provide the impetus that some will recognize and grasp to lift themselves up to a better place.

Others have learned of Delbert's vision for Skabob House and they have contributed funds, time and skill to help make this a reality. And he has shared these plans with contacts that he has within the academic realm both locally and across the country and they have encouraged him to keep pursuing this dream actualization. This encouragement fortifies him to keep up this work so that someday an academy of learning will rise up along our own Skabob. If you are inspired to learn more feel free to contact Delbert, and if you want to support his efforts he will welcome any contributions as long as they further Skabob House into reality.

By Tony Herrera



# Our Community Comes Together for a Heartwarming Christmas Celebration



## Skokomish Christmas Party

This past Christmas was on a Wednesday and so the annual Tribal Christmas Party took place on Friday the 13<sup>th</sup> and I think it may have been a little early for some. The reason being that our attendance wasn't as high as we usually see. However, we still had over 200 community and tribal members there. Of course, many were little ones who brought the wide-eyed wonder that we are used to seeing every year. The Christmas tree decorations, lights and Santa Claus, various elves and the Grinch. The Community Center and other departments staff put in an amazing effort in planning all of the details for this annual celebration. The large Christmas tree dominated the Great Room as you walked in the front doors of the Community Center for the party. Santa Claus and his elves were there to greet everyone as they came in, accompanied by a very tall Grinch. Some of the children were more enamored with the Grinch than they were of Santa Claus. But fortunately, the Grinch was on his best behavior that evening and no one was feeling threatened by him. A few of

the children even wanted their pictures taken with the Grinch. Santa took it all in stride and shared the spotlight equally with him. There were bags of candy and a stuffed eagle for each person in attendance. There were also some painter style hats that said "Skokomish" on them for everyone. These gifts and treats were appreciated by everyone and there were enough for folks to take extras home for friends and family who were not able to be there. As we are greatly accustomed to, the dinner was a feast for the eyes and tummies. There was plenty of crab, elk, clams, oysters and other local delicacies that we are blessed to have here at Skokomish. Other dishes included spaghetti, hot dogs, green salads, fruit and a wide variety of desserts, like cakes, cookies and pies. Our cooks, bakers and servers outdid themselves again and we were all the fuller for it. Another highlight of the evening was the free raffle for several tables full of delightful prizes, both for adults and the children. If you were fortunate enough to have your name drawn you could go up and select a prize for

yourself. I heard some talking about using their prize for a gift for someone special. All in all it was a special night to behold, to cherish in our memory banks for years to come. Seeing the kids having fun playing with their friends and relations, hearing the comments on how good the food was, and the sharing of time together made this another great Skokomish Community Christmas Party. A big thanks goes out to those who planned the whole night's festivities, decorated the building so beautifully, prepared the wonderful meal, put together the bags of candy and especially those who stayed and helped to clean up afterwards. Let's not forget to thank our Tribal council who provided the resources to make it happen and to our hunters and gatherers for supplying their hard work to provide so much of the ingredients of our dinner. We are blessed to have the talents, hard work and creativity of our community to make this all happen.

By Tony Herrera

## *Welcome New Employee Maris*



My name is Maris Bordley and I have been hired as a Program Assistant at the Early Childhood Education (ECE) center. I love to organize, clean and sanitize whenever I can help. This is my first job and doing this work makes me happy to be a part of an important place that helps our children learn and grow.

# News from the Land of Littles

## Welcome Winter!

Winter has been a very busy time at the ECE. We started off with all sorts of holiday projects and fun. We even had a Christmas tree!



Loretta LaClair, our Health and Family Services Coordinator, arranged a trip to Zoolights at Point Defiance Zoo. This was an event open to parents and families of children at the ECE. There were approximately 150 children and adults in attendance. It turned into an amazing family involvement experience. We plan on making it a yearly event!



## The Littles' Spotlights



Kao Stratton is a truly happy little character. He loves to play with the foam blocks and his teachers. This cuddle bug can be heard laughing throughout the building!



Yazmine Dominguez is a very sweet and kind child. She can be quiet but also a chatterbox at the same time. She loves to play with the dollhouse and her friends. Yazmine recently moved to the Eagle Room. We're so happy she's there!

## Student Spotlights

Jonni Gouley, daughter of John Gouley, and Olivia Grover, daughter of Willie Grover, are great students, exceptional athletes, and two peas in a pod. They currently attend Oakland Bay Junior High. They are members of a fastpitch team, PNW Force, 14y. This past MLK day, the girls led a fundraiser at the community center to help get them to a tournament in Phoenix, Arizona. We are so proud of these young go-getters! Good luck ladies on your trip! We can't wait to see all you do!

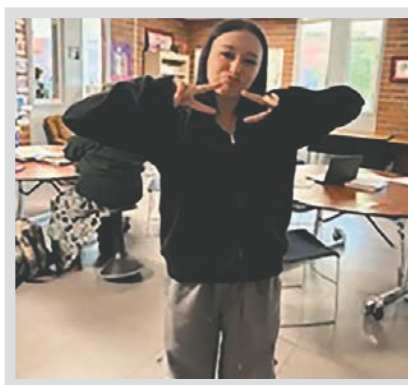


This month, we are excited to shine the spotlight on Kassie Dominguez, a 6th-grade student whose beauty shines both inside and out. Kassie's hard work and dedication to her education consistently impresses those around her. She goes above and beyond in everything she does, putting true effort into every task. Kassie's positive attitude and respect for others make her a role model for her peers. She carries herself with grace and kindness, always leaving a positive impact on those around her. Kassie Dominguez is not only an outstanding student, but also a genuinely wonderful person. Congratulations, Kassie, on being this month's well-deserved Spotlight Student!

We are highlighting three incredible students who attended our after-school tutoring program earlier in the year: Malia Hanson, Willow Grover, and Zoe Campbell. It's been a joy to watch them grow. Malia's dedication and enthusiasm for learning have been inspiring. Willow's creativity and positive attitude created an atmosphere for all to thrive. Zoe's focus and calm approach to challenges has demonstrated confidence and impressive growth. These girls are more than capable of anything they set their minds to. Each of them has proven that with hard work and a



positive mindset, there's no limit to what they can achieve. We're so proud of all three and can't wait to see what they accomplish next. You three are magic. Congratulations, Malia, Willow and Zoe!



Kaylynn Tinaza is a sophomore this year and a soon-to-be senior who has always been such a bright student and sweet soul. She is always on top of her grades and anything she can do to bring her grades up. She has shown so much ambition and motivation throughout her high school career. I can't wait to see what she does in the future. We always look forward to her visits here in Native ED!

# MONTHLY LANGUAGE NIGHT

Our language department has been scheduling "Language Night" events on the last Wednesday of each month for six months now. There are times when a death in the community, or holidays, causes us to have to change or cancel the events. But, we're targeting the last Wednesday of each month to hold our events, at the beginning of which we provide dinner to start the evening off. The primary goal of these events is to introduce our tuwaduq language to all who attend. We've had a couple of language bingo games where instead of drawing numbers we draw tuwaduq words and the cards have photos and the tuwaduq words to mark off. When you cover a straight line you yell "KabaO" instead of bingo. We allow all ages to play and we provide plenty of time to assist the players in finding and marking the correct word on their card. At the same time we repeat the word and tell everyone how to pronounce it and explain what it means, in tuwaduq. We have had some great prizes for all of the winners and we make sure to have everyone win. Most of the prizes are from either Costco, Walmart, or Fred Meyer. We have purchased artwork from our tribal vendors to give away as special grand prizes. So far we've

purchased art from Johnny Smith, Mary Hernandez, Tami LaClair, Travis Twiddy, Kris Miller and a few others. If you are a local Skokomish artist and we haven't contacted you yet, please call the language department and let us know. Then we can discuss the possibility of purchasing from you if your artwork cost fits into our budget. On other language nights we've had everyone make medicine bags and provided unique items to use to create your own blend of medicine to put into your bag. During this process we introduce the tuwaduq names of the plants, stones and other items which we provide. We project the words, with pictures, onto the large screen and go over how to pronounce them in tuwaduq. This past December we made moccasins, introducing tuwaduq words during this process, as well. In January we had Kris Miller show us how to use cedar to make headbands. This month (February) we'll be having another bingo night with lots of great prizes for everyone. That will be on February 26<sup>th</sup>, so please mark your calendars and I hope that you can join us for some great fun and learning of our tuwaduq language.

By Tony Herrera

 Skokomish Education   
Invites You

## COLLEGE AND CAREER FAIR

*Skokomish Indian Tribe*  
MARCH 14, 2025  
11AM - 3PM  
SKOKOMISH COMMUNITY CENTER  
19731 US-101  
SKOKOMISH, WA 98584

**Be inspired and dream big.**

Food will be provided: **Head Cook  
Kimberly Miller**

**For any questions, comments or concerns please reach out to Kelly Neely (Education Director) or Amber Hanson (College and Career Coordinator) at 360-877-2460.**

## What Your Twana Language Program Can Do for You

By,Christie Chambless

Often, we, here in the language department, get asked what we do for the Tribe. In answer to that, we give a brief list of services we have, or could, provide to the Tribal community. Here is a partial list for reference:

Things the Language Department has already done, or is currently doing, for people in our community:

1. Provide words and their definitions for people who are looking for an Indian name.
2. Provide instruction in pronunciation or spelling of Indian names.
3. Provide instruction on introducing yourself in tuwaduq.
4. Provide words or phrases of support or encouragement for other Tribal departments' events.
5. Make available the tuwaduq font download to any community member or Tribal employee that asks for it. Along with instructions on how to install and use the font.

6. Provide words or phrases and designs for t-shirts or other items for other departments.
7. Design and post word of the day videos on the Skokomish Language YouTube page.
8. Provide planning and curriculum development for the Design Your Own Program course at Evergreen including designing lessons, quizzes, and final exams in tuwaduq.
9. Provide flashcards and weekly in person instruction in tuwaduq at the Skokomish Head Start.
10. Provide unique and custom designed tuwaduq language posters for the education department and Head Start buildings.
11. Written a land acknowledgement for Tribal members participating in activities on another Tribe's land.
12. Updated stories written in the old alphabet so that they are cohesive with the current alphabet.
13. Offer custom banner design and

printing for many occasions, such as the Paddle for the Battle and the Chabots stick games.

14. The Language staff went into Hood Canal school and worked with all the students in grades 5-8 bi-weekly for 2 years pre-covid.
15. Offer Community Language Night events on the last Wednesday of each month, unless it fell on a holiday, in which case, the language night event has been held the week prior to the holiday.

Things the Language Department is prepared to do for the Tribal community:

1. Offer free language posters of many different subjects/age levels in multiple sizes.
2. Offer help with photo restoration in digital format.
3. Offer free language buttons, stickers, bumper stickers.
4. Offer free flash drives with digital copies of the original language documents and audio that we use to verify how tuwaduq words are spelled or

used.

5. Provide tuwaduq language support in cultural events for any department or community group that requests it.

Please feel free to call on us for any of these language needs, as well as any others you can think of. We are located in the Ma'nault Education building, and our phone number here is 360-877-2460 ext. 2704.

We value your insight and knowledge and would be happy to sit down and listen to any tuwaduq language you may have learned growing up, even if you can't remember what it means. It is possible that, with a little bit of research, we can find the meaning of the word for you. We also want to make it known that even if the word you remember is different than the word we have documented for a specific word, your memory is not wrong. There were 9 documented winter village sites, and this means there could've been 9 different dialects of tuwaduq. Having that many dialects could very well mean that there are at least that many different ways to say things.

# SKOKOMISH RIVER MILE 5 PROJECT UPDATE

The Skokomish Natural Resources Department in collaboration with Mason Conservation District recently conducted an in-stream and floodplain reconnection project at the Skokomish River Mile 5 (RM5; Figure 1).

The RM5 project is located a short distance downstream of the HWY 101 bridge and was constructed during the Summer of 2023. Eight engineered log jams were installed, including one large apex jam placed directly within the Skokomish River and seven smaller deflector log jams placed along the south bank downstream of the apex jam. In addition, a 2,000-foot-long side channel connecting the Skokomish River with Purdy Creek, was excavated to provide flood conveyance and flood storage capacity in undeveloped areas away from infrastructure.

The major goal of this effort was to increase the variety and frequency of

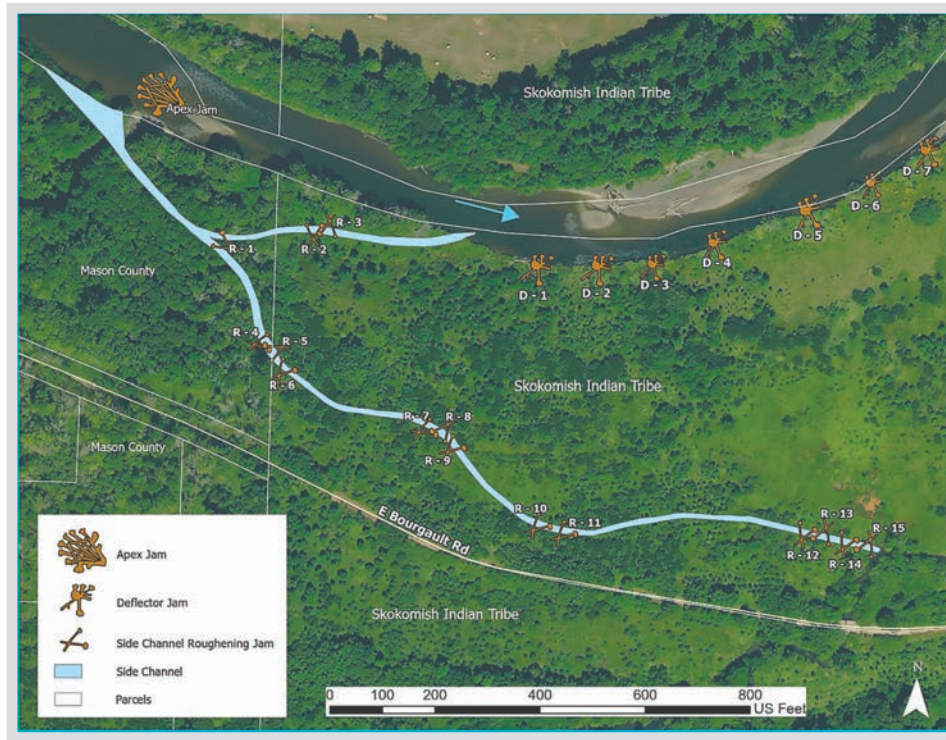


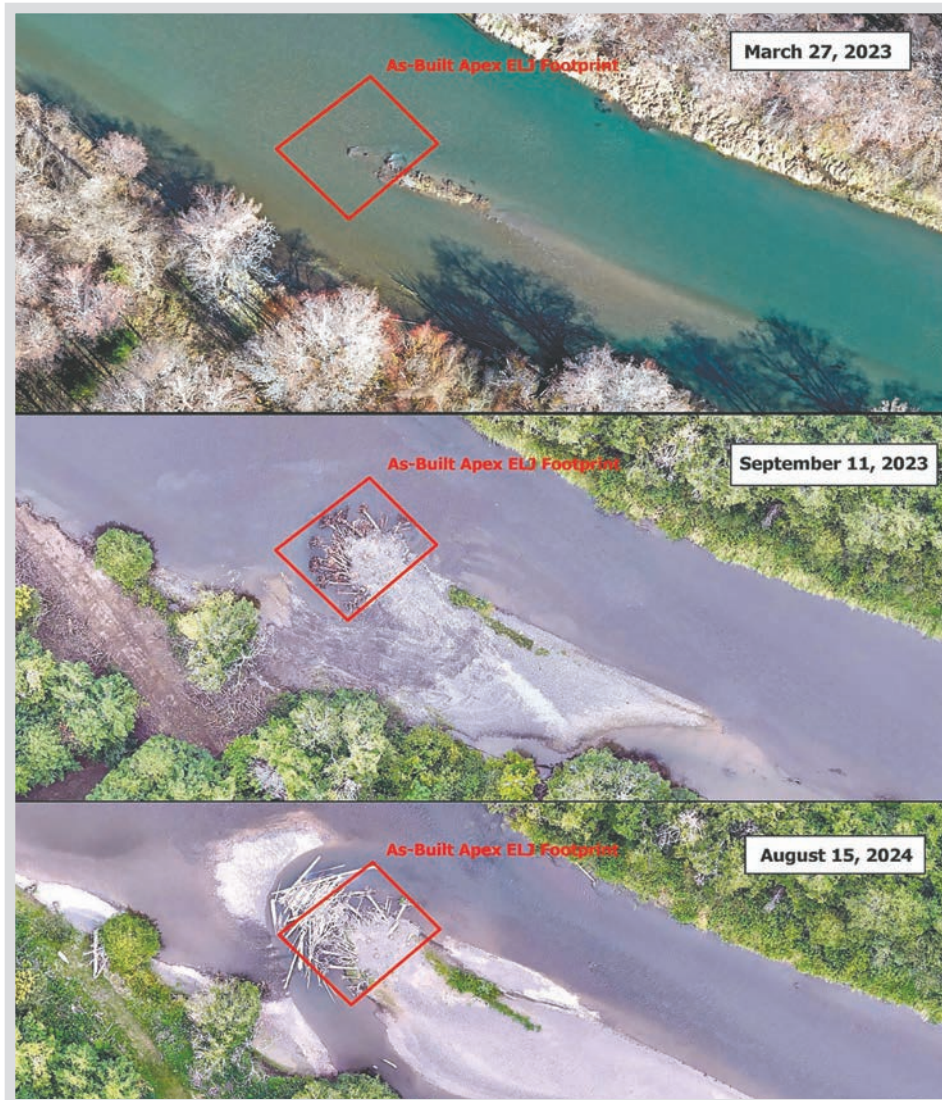
Figure 1: Project design.

opportunities to spawn, feed, rest and hide, and increase the survivability of adult and juvenile Skokomish salmon.

The pre and post images of the apex log jam show that it has accumulated additional wood, already formed a gravel bar which we hope will become vegetated over time, and created a deep pool for salmon to rest, feed, and hide (Figure 2). Each of the 7 deflector jams downstream of the apex jam have also created deep pools for refugia.

Today the lower Skokomish River is much different than its pre-European contact condition which consisted of multiple channels separated by forested islands, tremendous amounts of in channel wood, spawning gravels and frequent deep pools. After the 1850s, construction of a series of levees and bank protection measures for valley roads, rural residential homes and conversion of streamside forests to agricultural lands, simplified the river channel from a complex multi-channel system to a straight and shallow single channel, with uniform depth and gravel size.

Our objective is to implement restoration actions that will develop properly functioning ecological conditions that will promote a resilient and robust salmon population in the Skokomish River and have a positive impact on the Tribe's cultural, subsistence and economic well being.



key habitats for Skokomish Chinook, coho, steelhead and chum salmon. The project design proposed to increase stable accumulations of large wood in the channel, increase channel complexity, increase the number and depth of pools in the mainstem channel, increase floodplain and side channel connectivity, and encourage sediment accumulation on gravel bars and formation of vegetated islands. These changes will give salmon greater



Figure 2: Drone images of the RM5 Apex Log Jam. Before on top, just after installation in the middle, and one-year post on the bottom. Drone flight conducted by Alex Papiez: Skokomish Restoration Biologist.

# Are You Looking For Support With Your Health And Wellness Goals?

Our friendly dietitian Laura Foster is here to help! Whether you're managing a specific condition, like diabetes or heart disease, or simply want guidance with menu planning, diabetes prevention, weight loss, or overall wellness, you can schedule an appointment to create a plan that works for you. From personalized tips to practical strategies, we're here to support your journey to a healthier, happier you!

Laura Foster has been fooling around in the garden and the woods her entire life. She enjoys the idea of permaculture, and loosely applies it to her yard. She loves a morning walk in the rainforest on a crisp fall day and grew up mushroom hunting with her mom in the upper Hood Canal/

Quilcene area. In midlife, Laura found her calling as a dietitian, earning her Master's degree in nutrition from Bastyr University at the age of 40. Her diverse background includes roles as a ship's cook for Scripps, a camp cook and caretaker on the Oregon coast, and an arborist. Since becoming a Registered Dietitian, she has served as both a food bank dietitian and a private practice dietitian, where she continues to share her passion for nutrition and wellness.

Whether it is to help explore and implement dietary changes or to find the places in your life to effect that change, her holistic approach means you will look at all aspects of your wellness—body, mind and spirit. Each part contributes to the health of the whole. To help you achieve your

goals, you will look at your patterns of eating, stress management, exercise, sleep and more.

Laura recognizes that food is so much more than fuel, and that focusing on the number on the scale can feel very stressful. Adding stress to your life is counterproductive. Her goal and passion is to help you find ways to implement positive change one step at a time so that you can feel like your best self.

Laura is available at the Skokomish Health Center on Mondays and Tuesdays, where she provides one-hour nutrition consultations tailored to a variety of



needs. In addition, she plays an active role in supporting the Special Diabetes Program for Indians (SDPI).

## Empowering Our Community: Upcoming Diabetes Education Classes and Food Demonstrations

We are excited to present a year-long series of educational classes designed to support and empower individuals living with diabetes, those at risk of developing it, and their families. These sessions will provide essential knowledge, practical tools, and valuable resources to help participants confidently manage diabetes and enhance their overall health. Many events will include engaging food demonstrations that teach participants how to prepare nutritious, diabetes-friendly meals. Below, you'll find our upcoming educational class.

This series is funded by a Special Diabetes Program for Indians grant. The primary staff leading these efforts are Tara DeHart, a registered nurse, and Laura Foster, a registered dietitian, both dedicated to the success of the program.

Desiree White, MPH, a long-standing and invaluable member of our team, is also here to provide support and resources for participants in the diabetes program. With her extensive experience, she specializes in helping individuals address challenges like affording medications or finding alternatives when insurance coverage is unavailable. Her resourcefulness and dedication have been a cornerstone of our mission to empower and uplift our community. Don't hesitate to reach out to her for assistance.

February: Medication Management  
Date: February 5, 2025  
Time: 12:00 PM – 1:00 PM  
Location: Community Center Gathering Room  
Instructor: Carmen Eucker, RN-Mason General Diabetes Team  
Topics Covered:  
Types of diabetes medications: insulin, oral medications, and non-insulin injectables  
Administration and dosage techniques  
Understanding side effects and drug interactions  
Food Demo: Enjoy a live demonstration of Lentil & Veggie Soup, a hearty and healthy meal.

Our Commitment to You  
This series is designed to educate and empower participants on their diabetes journey. Through hands-on demonstrations, actionable strategies, and support from experienced professionals, we aim to equip you with the tools to successfully self-manage diabetes. These sessions are also open to family members who care for someone with diabetes, creating a collaborative and supportive environment. We look forward to seeing you at the Community Center Gathering Room and invite you to join us in making this year a transformative one for our diabetic community. For more information, please contact Tara DeHart, RN at the clinic.



**South Puget Intertribal Planning Agency**

## USDA Foods Program

### February Dates

|                            |                |
|----------------------------|----------------|
| <b>PT GAMBLE S'KLALLAM</b> | <b>2/04/25</b> |
| <b>SQUAXIN ISLAND</b>      | <b>2/07/25</b> |
| <b>SKOKOMISH</b>           | <b>2/12/25</b> |
| <b>NISQUALLY</b>           | <b>2/14/25</b> |
| <b>CHEHALIS</b>            | <b>2/21/25</b> |

**NOTE:** Please stick to the monthly schedule for the USDA Commodity Food Program. Food distribution staff have other duties that they are responsible for on the days they are not issuing commodities.  
If you're unable to make the date, please call and schedule an appointment with appropriate staff.  
For USDA Foods, call SPIPA at 360.426.3990

**This institution is an equal opportunity provider.**

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**Skokomish WIC**  
**(Women, Infants, and Children)**  
provides healthy foods & nutrition information for you and your child up to age 5.

**For appointments and questions, contact:**  
**Debbie Gardipee 360.462.3227**  
**Email: dgardipee@spipa.org**

**or call 360.462.3224**  
**Email: wicnutrition@spipa.org**  
**SPIPA main number: 360.426.3990**

**Next WIC date:**  
**Wednesday, Feb. 12, 2025**

*We will offer both phone appointments and in person appointments. Date subject to change.*

**This institution is an equal opportunity provider.**  
Washington WIC doesn't discriminate.



## Children (aged 17 or less) and Consent for Dental Treatment

Help us keep your child safe! We need a parent, legal guardian, or other designated adult to accompany a child to their dental visit.

Keeping children safe and providing quality dental care requires some extra steps in the dental clinic. For the child's safety, we need to be able to collect a current and accurate health history including medications and allergy information. During most visits we are making treatment decisions for your child. We want you to be informed about what we see in your child's mouth, treatment options, and any possible risks associated with that treatment. We want you to be as informed as possible and comfortable with the treatment your child is receiving. If an emergency happens during treatment, we want you to be here to help make the best possible health decisions for your child.

It may not always be possible for a parent or legal guardian to be with a child when they visit the dental clinic.

If a parent or legal guardian can not be present during the child's dental visit they may designate another adult, aged



18 years or older, to make medically necessary decisions for their child. This designation must be made on the "Advanced Consent to Treat Minors" form available from the Dental Clinic. If a child, aged 17 or less, arrives for a dental visit without a parent, legal guardian, or other adult listed on a completed "Advanced Consent to Treat Minors" form, the clinic will need to reschedule the child.

Thank you for your help in providing children the safest dental care possible. We look forward to seeing you and your family in the Dental Clinic!

Please contact the dental clinic to schedule an appointment or with any dental questions you may have at: 360-426-5755 ext. 2114.

## Mixing Love with Responsibility: Observing National Condom Week

In February, many people think of Valentine's Day and the month of love. However, February is also the time to observe National Condom Week. According to Planned Parenthood, National Condom Week is celebrated every year from February 14th to February 21st, coinciding cleverly with Valentine's Day—a perfect reminder to mix love with responsibility. Its goal is to promote safe sex practices, raise awareness about protecting oneself and others from sexually transmitted infections (STIs) and unintended pregnancies, encourage open conversations about sexual health, and empower individuals to make informed choices about their sexual well-being. Through the Public Health and Wellness program started in 2023, we aim to reduce barriers to accessing safe sex practices, including the availability of condoms. For example, since the program's launch, over 100 safe sex kits have been distributed across the community, ensuring easier access for individuals who need them. Safe sex kits can be found at various locations, such as the Tribal Center, Workforce/Youth Department, Language Department, Community Center (upstairs gym), and all the clinic bathrooms. If you cannot find a kit in these areas, the Public Health and Wellness office in the clinic

also provides them.

Another helpful resource for STI prevention is "I Want The Kit" (IWTK). IWTK is a mail-based, self-sample program for HIV and STI testing. It began at Johns Hopkins School of Medicine in 2004. In 2020, The Center for Indigenous Health, Indian Health Service (IHS), Southern Plains Tribal Health Board (SPTHB), and Northwest Portland Area Indian Health Board (NWIHB) partnered with Johns Hopkins to offer this service. The program addresses the syphilis epidemic in rural and urban tribal communities nationwide.

When you request a kit, it will arrive within seven business days and include everything you need to test for STIs. You will receive your results through the IWTK patient portal, which you will sign up for during the process. These self-collection kits help reduce the stigma associated with STI testing, make testing more convenient and accessible, and encourage responsibility and respect for oneself and others.

Testing is an act of love and care for yourself, your partner, and your community.

If you have any questions or need assistance accessing this resource, please contact Desiree White at the clinic.

Wintertime can be tough, let's make a special effort to be there for the total health of our relatives.

**Make time to talk.**  
**Make space to listen.**

And know that there are Native mental health professionals available 24/7 on the Native and Strong lifeline.

**Connection is Prevention.**

For mental health resources visit [NativeAndStrong.org](http://NativeAndStrong.org)

If you or someone you know is experiencing a mental health crisis or thinking about suicide, dial 988 and press 4 for confidential support from a Native counselor.

When we get vaccinated, it's less likely that we will get sick. It's also less likely that we make others sick. Protect your community by asking your provider if you're up to date on your vaccines and taking action if you're not. For accurate vaccination info for Native people by Native people, visit: [www.IndianCountryECHO.org/VacciNative](http://www.IndianCountryECHO.org/VacciNative)

**PROTECT Our Community**

**COVID-19 Vaccine Clinics**

**Tuesday, Feb. 11, 2025**  
&  
**Wednesday, Feb. 12, 2025**

**9am-12pm & 1pm-4pm**

**Clinic Conference Room**

# RESOLUTIONS APPROVED BY TRIBAL COUNCIL

## SKOKOMISH TRIBAL COUNCIL RESOLUTIONS NOVEMBER 27<sup>TH</sup>, 2024, TRIBAL COUNCIL PLANNING MEETING WAS CANCELLED.

## DECEMBER 11<sup>TH</sup> 2024, AT A REGULAR TRIBAL COUNCIL MEETING:

- ❖ **RESOLUTION NO.2024-108:**  
A RESOLUTION TO ESTABLISH AND THEN APPOINT THE GEODUCK COMMITTEE PURSUANT TO THE APPOINTMENT PROCEDURES CONTAINED WITHIN S.T.C. 106, THE SKOKOMISH COMMITTEE STANDARDS ORDINANCE.
- ❖ **RESOLUTION NO. 2024-109:**  
A RESOLUTION APPROVING THE SUBMISSION OF A GRANT APPLICATION TO THE WASHINGTON STATE DEPARTMENT OF HEALTH FOR THE WORKPLACE SAFETY-WORKERS CLIMATE CHANGE GRANT
- ❖ **RESOLUTION NO. 2024-110:**  
A RESOLUTION APPROVING THE SUBMISSION OF A FUNDING REQUEST TO THE BUREAU OF INDIAN AFFAIRS FOR EUROPEAN GREEN CRAB (ECG) MANAGEMENT AND REMOVAL TO PROTECT SKOKOMISH TREATY RESOURCES
- ❖ **RESOLUTION NO. 2024-111:**  
A FOURTH RESOLUTION AUTHORIZING THE PURCHASE OF FRACTIONATED INTERESTS IN ALLOTMENT NO. 28B.
- ❖ **RESOLUTION NO.2024-112:**  
A RESOLUTION APPROVING THE SKOKOMISH INDIAN TRIBE'S UPDATE TO THE TRIBAL TRANSPORTATION PROGRAM (TTP), TO THE UNITED STATES DEPARTMENT OF INTERIOR, BUREAU OF INDIAN AFFAIRS

## JANUARY 8<sup>TH</sup>, 2025, AT A TRIBAL COUNCIL PLANNING MEETING:

- ❖ **RESOLUTION NO. 2025-001:**  
A RESOLUTION APPROVING THE ENROLLMENT APPLICATION OF EMORY LYNN WARE FOR MEMBERSHIP IN THE SKOKOMISH INDIAN TRIBE.
- ❖ **RESOLUTION NO. 2025-002:**  
A RESOLUTION APPROVING THE CONSENT TO SUPPORT HOOD CANAL COMMUNICATIONS GRANT APPLICATION TO THE WASHINGTON STATE DEPARTMENT OF COMMERCE, BROADBAND EQUITY ACCESS AND DEPLOYMENT (BEAD) PROGRAM FOR FIBER CONNECTIONS
- ❖ **RESOLUTION NO.2025-003:**  
A RESOLUTION APPROVING THE SUBMISSION OF A GRANT APPLICATION TO ENVIRONMENTAL PROTECTION AGENCY PUGET SOUND TRIBAL CAPACITY PROGRAM – 5 Years (FY25-29)

## JANUARY 22<sup>ND</sup> 2025, AT A REGULAR TRIBAL COUNCIL MEETING:

- ❖ **RESOLUTION NO.2025-004:** A RESOLUTION APPROVING REVISIONS TO THE SKOKOMISH FINANCE AND ACCOUNTING POLICY MANUAL
- ❖ **RESOLUTION NO.2025-005:** A RESOLUTION APPOINTING JOSH WILLIAMS AS JUDGE TO THE SKOKOMISH APPELLATE AND PRO TEMPORE JUDICIAL PANEL FOR THE COURTS OF THE SKOKOMISH INDIAN TRIBE.
- ❖ **RESOLUTION NO. 2025-006:** A RESOLUTION APPOINTING WINTER KING AS JUDGE TO

THE SKOKOMISH APPELLATE AND PRO TEMPORE JUDICIAL PANEL FOR THE COURTS OF THE SKOKOMISH INDIAN TRIBE.

- ❖ **RESOLUTION NO. 2025-007:**  
A RESOLUTION TO APPROVE AGREEMENTS BETWEEN THE SKOKOMISH INDIAN TRIBE AND KYLE AHERN TO PROVIDE PUBLIC DEFENSE SERVICES.
- ❖ **RESOLUTION NO. 2025-008:**  
A RESOLUTION APPOINTING

ERIC NIELSEN AS JUDGE TO THE SKOKOMISH APPELLATE AND PRO TEMPORE JUDICIAL PANEL FOR THE COURTS OF THE SKOKOMISH INDIAN TRIBE.

- ❖ **RESOLUTION NO. 2025-009:**  
A RESOLUTION APPOINTING CHARLES HOSTNIK AS JUDGE TO THE SKOKOMISH APPELLATE AND PRO TEMPORE JUDICIAL PANEL FOR THE COURTS OF THE SKOKOMISH INDIAN TRIBE.



## ESTATE PLANNING IS ESSENTIAL!

GET YOUR PAPERWORK DONE.

TRIBAL COUNCIL PAYS FOR THIS SERVICE FOR TRIBAL MEMBERS AND THEIR SPOUSES. ATTORNEY PHILLIP CURIALE WILL MEET WITH YOU AT THE LEGAL OFFICE, EITHER IN PERSON OR VIA A ZOOM MEETING.

We will also coordinate with Bureau of Indian Affairs, Puget Sound Agency, to get an up-to-date copy of your trust inventory to the attorney before your appointment.

There are many documents that it will be advantageous for you and your spouse to have executed, such as, a Last Will and Testament, a Health Care Directive (also known as a Living Will), Power of Attorneys, and possibly other documents if you have dependents that need their future looked after. Estate planning is not just for Elders. Our next in-office appointment day is scheduled for **February 20, 2025**. Call to schedule a time slot!

PLEASE CONTACT THE LEGAL DEPARTMENT AT (360) 877-2100 TO SCHEDULE AN APPOINTMENT, EITHER IN PERSON, OR VIA A ZOOM MEETING.



## Rez Photo of the Month



*The gentleman in this photo is none other than, Ray James. Fishing the original Beaver. A great second father to me!*



**Edge of the Knife**  
Haida Gwaii, 1800's. At a seasonal fishing camp two families endure conflict between the nobleman Adiiits'ii and his best friend Kwa. After Adiiits'ii causes the accidental death of Kwa's son, he flees into the rainforest, descending into madness and transforming into Gaagiixid - "the Wildman."

Language: Hida Language

**The Skokomish THPO in coordination with Rosemary York** (Evergreen student) will also be doing a survey on hunting and gathering practices of the Skokomish tribe for resource management purposes. Please come and complete a survey for chance to win a prize in the **raffle**. **5:00 PM—6:30 PM**

### **SURVEY & RAFFLE**

**5:00 PM—6:30 PM**

### **MOVIE**

**6:30—8:00 PM**

### **Wednesday February 19th 5:00 to 8:00 PM @ Skokomish Community Center**

Open to Skokomish Tribal member households

Please no small children, this movie is in all subtitles

Ages 13 and up only.

## NOTICE:

The Skokomish Tribe is now accepting applications to fill **ONE** vacant seats on the Skokomish **FISH COMMITTEE**.

If interested, please submit a letter of interest to Alex Gouley at the Fisheries building by **2:00 PM on February 20, 2025**



The three-year position will run from March 1, 2025 through February 28, 2028.

The Fish Committee is a regulatory committee charged with overseeing administrative implementation of the policies of the Skokomish Tribal Council. The committee has authority as delegated by the Skokomish Tribal Council to make rules which govern the conduct of community members to ensure efficient management of natural and other resources held by the Tribe.

## Skokomish Tribe's General Council Meeting SAT, MARCH 1st AT 10 AM

**1ST QUARTER REPORTS**  
Quarterly Reports will be available on Friday, February 28th. Packets are available by email or at the Skokomish Tribal Center.

If You Have Any Questions, Please Contact  
Augusta Wilbur, General Council President  
E: councilpresident@skokomish.org  
PH: (360)463-2679

### **GENERAL BODY MEETING SAT, MARCH 1st, AT 10AM AT THE COMMUNITY CENTER**

| AGENDA ITEMS              | PRESENTER       |
|---------------------------|-----------------|
| 1. Meeting Called         | GB President    |
| 2. Opening Prayer         | To Be Requested |
| 3. Approval of Agenda     | General Body    |
| 4. Approval of Minutes    | General Body    |
| 5. General Body Report    | GB President    |
| 6. CEO Report             | CEO             |
| 7. SITE CFO REPORT        | SITE CFO        |
| 8. Tribal Member Comments | To Be Requested |
| 9. Closing Prayer         | To Be Requested |
| 10. Meeting Adjourned     | GB President    |

# 10 Signs of a Healthy Relationship

February brings the promise or hope of Love with Valentines Day, building Healthy Relationships for yourself and your family.

Healthy relationships bring out the best in you and make you feel good about yourself. A healthy relationship does not mean a “perfect” relationship, and No one is healthy 100% of the time, but the signs below are behaviors you should strive for in all of your relationships.

Healthy relationships manifest themselves as healthy communication; another important part of a healthy relationship is loving yourself.

Here are some characteristics and behaviors of a healthy relationship.

### Comfortable Pace:

The relationship moves at a speed that feels enjoyable for each person.

### Honesty:

You can be truthful and candid without fearing how the other person will respond.

### Respect:

You value one another’s beliefs and opinions and love one another for who you are as a person.

### Kindness:

You are caring and empathetic to one another and provide comfort and support.

### Healthy Conflict:

Openly and respectfully discussing issues and comforting disagreement non-judgmentally

### Trust:

Confidence that your partner won’t do anything to hurt you or ruin the relationship.

### Independence:

You have space to be yourself outside of the relationship.

### Equality:

The relationship feels balanced and everyone puts the same effort into the success of the relationship.

### Taking Responsibility:

Owning your own actions and words.

### Fun:

You enjoy spending time together and bring out the best in each other.

February 19, 2025: Please join Tuwaduq Family Services in honoring the Men and Women warriors of Skokomish Tribe at a POP-UP event being held at Tuwaduq Family Services from 10:00 am to 3:00 pm.

## 7 Cedars Elders Valentine’s Day Lunch Outing

### Skokomish Elders Program

Friday, February 14, 2025

The Skokomish Elder bus will leave the Community Center at 10:00 am

Hello Tribal Elders, we are taking a trip along the Hood Canal, up to **7 Cedars Casino**

to have a **Valentine’s Day** lunch,

If you would like to ride the bus, please be at the community center by 10:00 am,

If you would like to drive and meet us, please be at 7 Cedars casino by 11:45.

Address: 7-Cedars Casino: 270756 US-101  
Sequim WA. 98382

Any questions or sign-up call Perry Carrington,

(360) 426-7788 or (360) 968-3416



Women are Warriors



Men are Warriors

Join the Celebration to honor the Men and Women of Skokomish Tribe

February 19, 2025

10:00—3:00

Tuwaduq Family Services

## The Elder Program Thanks You!

Dear Elders,

I would like to thank all of you who donated to the elders bake sale held at the Skokomish winter bazaar, it very much appreciated. We had over 25 bake sale donations from elders, and the community. Thank you everyone for supporting the elder program, we sold almost everything that we had on our tables and made almost \$1100.00 for our fundraising activity.

Some upcoming elder activities scheduled for Valentines Day, is a lunch outing, to 7 cedars casino, on February 14<sup>th</sup>. We are planning to take a bus trip along Hood Canal up to 7 Cedars casino to have lunch together. Please let me know if you would like to meet us at the casino, or if you like to ride the elder bus, so we can plan ahead with those wanting to attend.

We are also planning to attend the sequel to the movie **Fish Wars (Into the Void)**, which is being held at the House of Welcome Longhouse, at Evergreen State College on February 24<sup>th</sup> from 3:00-5:30pm. If you are interested in attending, please contact me to put you on the list to attend. We attended Fish Wars in November, and we are looking forward to seeing part 2 of this very inspiring and educational documentary.

We are planning to have elder meetings to get input or ideas from elders, for the planning of elder’s activities or trips and fundraisers. If you would like to attend meetings, please let me know so I can get your information to contact you when a planning meeting has been scheduled. Thank you, Perry Carrington. Skokomish Elders Program Coordinator, (360) 426-7788 or (360) 968-3416.

# TRIBAL MEMBERS WITH BIRTHDAYS IN FEBRUARY

|  |  |   |  |  |   |
|--|--|---|--|--|---|
| <b>1<sup>st</sup></b><br>Christopher<br>Tinaza                           | <b>8<sup>th</sup></b><br>Elaine Peterson<br>Eileen Peterson<br>Robbie Kesler<br>Maxamus Miller | <b>13<sup>th</sup></b><br>Marie Gouley<br>Katherine<br>Jackson<br>Shalie Wilbur       | <b>18<sup>th</sup></b><br>James Eagles<br>Annabelle Wilbur                                     | <b>22<sup>nd</sup></b><br>Cody Andrews<br>Hailey Brown<br>Alex Gouley<br>Isabelle LeClair                  | <b>26<sup>th</sup></b><br>Kyle Johnston<br>Peter Wilbur   |
| <b>3<sup>rd</sup></b><br>Genny Rogers<br>Cory Mann<br>Kyan Peterson      | <b>10<sup>th</sup></b><br>Jacqueline<br>McCann<br>Michael Lewis                                | <b>14<sup>th</sup></b><br>Demetria<br>Washington<br>Sashina<br>Stephens               | <b>19<sup>th</sup></b><br>Misty Byrd<br>Winona Plant-<br>Poulin<br>Nick Wilbur, Jr.            | Isaiah Ives<br>Elena Prest<br>Mesha<br>Longshore   | <b>27<sup>th</sup></b><br>Shane Miller<br>Mandy Wilbur  |
| <b>4<sup>th</sup></b><br>Walter Andrews<br>Wilma Adams<br>Silas Campbell | <b>11<sup>th</sup></b><br>Alisha Longshore<br>Vanessa<br>Kennedy                               | <b>15<sup>th</sup></b><br>Christopher<br>Gouley<br>Loretta LaClair<br>Louisa Pulsifer | <b>20<sup>th</sup></b><br>Thomas<br>Peterson-<br>Bluebird<br>Saturday Carey<br>Margaret Miller | <b>23<sup>rd</sup></b><br>Kasiah Brown   | <b>28<sup>th</sup></b><br>Laurie Clayton<br>Angel King-<br>George<br>Kylan Gobert<br>Louis Auld |
| <b>5<sup>th</sup></b><br>Kathleen Raines                                 | <b>12<sup>th</sup></b><br>Dawn Lawrence<br>David Ware<br>Abahay Sparr-<br>Cordova              | <b>16<sup>th</sup></b><br>Edward Green,<br>Jr.<br>Travis Prest<br>Andy Peterson       | <b>21<sup>st</sup></b><br>Jeff Johns<br>Lauren Smith<br>Cecilia<br>Longshore                   | <b>24<sup>th</sup></b><br>Pamela Hodgson<br>Terri Butler<br>Thomas John<br>Gerald Strong<br>Austin Escobar |   |
| <b>6<sup>th</sup></b><br>Joshua Kennedy                                  |  |   |  | <b>25<sup>th</sup></b><br>Karine Archer<br>Ava Smith   |   |
| <b>7<sup>th</sup></b><br>Jose Mendoza<br>Cameron Henry                   |  |   |  |  |   |

11 and counting on February 3<sup>rd</sup> Happiest Birthday Kyan! You are growing up so fast. I am proud of you buddy. Keep ballin it up! Have an awesome and fun birthday.

Love you, Gramp

February 3<sup>rd</sup>, 2025

Happy Birthday Kyan William Peterson, I hope your day is the best! I Love you so much! & I am always very proud of you!

Love,  
Mom~

Happy birthday brother hope you have a good day I love you  
Brother Malakai-

## CELEBRATING the LIFE of



### JAMES GERALD BYRD JR. "BEAR"

Born On January 24, 1954  
Walked On January 4, 2025

Celebration of Life was held on:  
Saturday, January 18, 2025, 1pm  
Skokomish Community Center



~Together Forever~  
You are both missed dearly

## FEBRUARY PROMOTIONS YOU DON'T WANT TO MISS



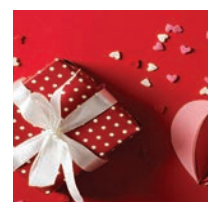
### CLUB LUCKY MULTIPLIER

EVERY TUESDAY  
IN FEBRUARY  
10AM - 6PM  
Based on your Club Lucky level,  
receive an **EXCLUSIVE** multiplier.



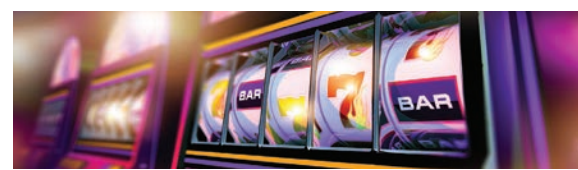
### FEBRUARY TAHARI® GIFTING

EVERY THURSDAY IN FEBRUARY  
2PM - 8PM  
Earn 200 Points each Thursday  
to receive each **Tahari®** gift.  
**THURSDAY, FEBRUARY 6:**  
His & Her Watch Set  
**THURSDAY, FEBRUARY 13:**  
Shoulder Handbag  
**THURSDAY, FEBRUARY 20:**  
Satchel with Chain  
**THURSDAY, FEBRUARY 27:**  
Tote Bag



### LOVE OF MONEY

EVERY SATURDAY IN FEBRUARY  
6PM - 9:30PM  
Get a chance to WIN every Saturday.  
Selected winners can play the  
**LOVE OF MONEY** game to WIN  
Lucky Bucks or **\$2,500 CASH.**



### LUCKY DOG CASINO™

### WEARABLE WEDNESDAYS

EVERY WEDNESDAY  
IN FEBRUARY  
10AM - 8PM  
Earn 50 Base Points.  
Get a **FREE** Wearable.



### HANDBAG HOT SEAT

EVERY FRIDAY IN FEBRUARY  
6PM - 8PM  
Select a Handbag to reveal up to  
**\$500** in Lucky Bucks.  
Drawings every 30 minutes.  
**V-DAY BONUS DRAWING**  
**FRIDAY, FEBRUARY 14, 8:30PM**  
Hot Seat Drawing for a  
Diamond Necklace.  
**FINAL WEEK BONUS**  
**FRIDAY, FEBRUARY 28**  
Hot Seat Drawings-Winners keep  
the Handbag and Lucky Bucks.



### SUPER GIFTING

SUNDAY, FEBRUARY 9  
2PM - 8PM  
Choose your **FREE** Seattle  
Football Team Gift.  
Options include Sherpa Fleece  
Blankets, T-shirts and More.

### SUPER SLOT TOURNAMENT

EVERY SUNDAY IN FEBRUARY  
2PM - 7PM  
WIN your share of over **\$1,000** in Lucky Bucks.  
**FIVE** Tournament rounds every  
Sunday and a new tournament every hour.

## PARDON OUR DUST

PROPERTY CLOSURE  
**MONDAY - TUESDAY,**  
**FEBRUARY 24 - 25**  
UPGRADES IN PROGRESS  
NEW CARPET



## Rez Photo of the Month



Can you name the fisherman in this photo?  
Please turn to page 9 for the answer! Good luck!



Skokomish Indian Tribe  
 80 N Tribal Center Road  
 SKOK, WA 98584  
 RETURN SERVICE REQUESTED

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 Permit #241  
 Wenatchee, WA 98801

## Rez Sudoku Puzzle of the Month

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 4 |   | 7 | 8 |   |   |   | 5 |
|   | 2 |   | 5 | 3 |   |   |   | 8 |
|   |   |   |   | 4 |   |   | 2 | 6 |
|   | 7 |   | 3 |   |   | 1 |   |   |
|   |   |   |   | 2 |   |   |   |   |
|   |   | 4 |   |   | 5 |   | 6 |   |
| 2 | 5 |   |   | 1 |   |   |   |   |
| 4 |   |   |   | 5 | 3 |   | 7 |   |
| 8 |   |   |   | 9 | 7 |   | 5 | 4 |

Fill the empty squares with numbers 1 to 9 so that each row across, each row down, and each 3x3 square contains all the numbers from 1 to 9. Good Luck!

## The Sounder

3sXeXa?! "It's All Written Down"  
 North 80 Tribal Center Road  
 Skokomish Nation, WA 98584  
 Phone: (360) 426-4232 ext 2053  
 Fax: (360) 877-5943  
 E-Mail: [sounder@skokomish.org](mailto:sounder@skokomish.org)  
 Mark Warren, Editor

Letters to the Editor are published at the discretion of the Editor, as space permits. No letter which contains defamatory or malicious statements will be published. Any letter which contains questionable material will be sent to our legal office for review. All letters must contain the writer's signature, address and telephone number. Letters not signed will NOT be published. The Editor reserves the right to edit a letter for content, clarity and length.

Views and opinions expressed in Letters to the Editor are those of the writer of the letter. They are not endorsed by the Sounder, Tribal Administration, Tribal Council or the Skokomish Indian Nation as a whole. The deadline for the sounder is the third Thursday of every month.